


Sun	Mon	Mon	Tues	Wed	Thu	Thu
<b>September 2009</b>	Weigh in days are in <b>RED</b> . Email all result <a href="mailto:ernestross@yahoo.com">ernestross@yahoo.com</a> With in 2 days					
	Kelly lake Kelsey Tucker middle Barbara Dunaire elem Helene Woodridge elem Trent Pine Ridge ele Tony Stepenson Middl Tony	Smoke Rise Vanessa McNair middle Lisa	1 Allgood elem Gideon Marbut elem Barbara Redan high Vanessa Clarkston high Nefer McNair elem B fly Tucker High Lisa Rockbrige elem Helene	2 Kelly lake Barbara	3 Allgood elem Trent Marbut elem Vaness Redan high Gideon Clarkston high Nef Tucker middle Helene Woodridge elem Kelsy Smoke Rise Helene	Tucker high Barbara Dunaire elem Gideon McNair elem Steph Rockbrige elem Danny McNair middl Brigette Pine Ridge eleB Fly Stepenson Middl B Fly
McNair Elem 3:15 Dunaire Elem3:00 Kelly Lake Elem3:30 Marbut Elem 3:30 Tucker Hgh 3:30 Smoke Rise Elem 3:00 Woodridge Elem 3:15 Allgood Elem 3:15	7 Kelly lake B Fly Tucker middle Vanessa Dunaire elem Danny Woodridge elem Gideon Pine Ridge ele Helene Stepenson Middl Helene	Smoke Rise Barbara McNair middle Tony	8 Allgood elem Danny Marbut elem Lisa Redan high Trent Clarkston High Danny McNair elem Gideon Tucker High Steph Rockbrige elem Kelsy	9 Kelly lake Trent	10 Allgood elem Kelsy Marbut elem Trent Redan high Steph Clarkston high Nef Tucker middle Vaness Woodridge elem Nefer Smoke Rise Vanessa	Tucker high Helene Dunaire elem Steph McNair elem Barbara Rockbrige elem B fly McNair middl Barbara Pine Ridge ele Danny Stepenson Middl Danny
Rockbrige Elem 3:00 Pine Ridge Ele 3:00 Tucker Middle 4:30 Stephnson Middl 4:30 McNair Middle 4:30 Redan High 4:30 Clarkston High 5:30	14 Kelly lake Danny Tucker middle Vanessa Dunaire elem Helene Woodridge elem Barbara Pine Ridge eleTony Stepenson Middl Tony	Smoke Rise Vanessa McNair middle Lisa	15 Allgood elem Gideon Marbut elem Nefer Redan high Vanessa Clarkston high Nefer McNair elem B fly Tucker High Lisa F. Rockbrige elem Helene	2 Kelly lake Tony	17 Allgood elem Trent Marbut elem Vanessa Redan high Gideon Clarkston high Nef Tucker middle Helene Woodridge elem Kelsy Smoke Rise Helene	Tucker high Barbara Dunaire elem Gideon McNair elem Steph Rockbrige elem Danny McNair middl Brigette Pine Ridge eleB Fly Stepenson Middl B Fly
<b>FIT4YOU ATHLETIC TRAINING</b>	21 Kelly lake B Fly Tucker middle Vanessa Dunaire elem Tony Woodridge elem Gideon Pine Ridge ele Helene Stepenson Middl Helene	Smoke Rise Barbara McNair middle Bridget	22 Allgood elem Nefer Marbut elem Lisa Redan high Trent Clarkston High Nefer McNair elem Gideon Tucker High Helene Rockbrige elem Kelsy	23 Kelly lake Tony	24 Allgood elem Kelsy Marbut elem Trent Redan high Steph Clarkston high Nef Tucker middle Vaness Woodridge elem Nefer Smoke Rise Vanessa	Tucker high Helene Dunaire elem B Fly McNair elem Barbara Rockbrige elem Gid'leon McNair middl Barbara Pine Ridge ele Danny Stepenson Middl Danny